

## **SUNSHINE BICYCLE TOURING CLUB ROAD RIDES**

The ride maps are a guide and ride leaders should feel free to change as they see fit due to:- their wishes and conditions on the day. Please add to our ride list as this keeps it fresh and interesting.

### **NORTHERN COASTAL RIDES**

**Coolum to Noosa River** 43kmm H2  
Start Coolum Surf Club UBD SC 39 J15  
Desc Cruise up David Low Way to Noosaville, Coffee Gympie Terrace.  
<http://www.bikely.com/maps/bike-path/Coolum-to-Noosa-River>

**Beach to Noosa River** 57km H2  
Start Coolum Surf Club UBD SC 39 J15  
Desc Cruise up to Noosaville, Noosa Waters. Coffee Gympie Terrace.  
<http://www.bikely.com/maps/bike-path/Beach-to-River>

**Bikes Ahoy!** 60km H2  
Start Coolum Beach car park UBDS 39 J15  
Desc Noosaville, North shore via Tewantin ferry (\$1). Coffee at pub  
<http://www.bikely.com/maps/bike-path/Bikes-Ahoy375993>

**Country Cruising** 40 km, D4, H2.5  
Start: Boat Ramp Lake Street Tewantin UBD SC 8,D14  
Desc: Tewantin-Boreen Pt Rd, Louis Bazzo, Cootharaba Rd, Boreen Pt & rtn  
<http://www.bikely.com/maps/bike-path/Country-Crusing>

**Great Coastal Loop** 124km, D7 H2.5  
Start Cod Hole, Maroochydore UBD SC 68,L5  
Desc: Coolum, Noosa, Eumundi, Bruce Hwy, Palmwoods, Cod Hole  
<http://www.bikely.com/maps/bike-path/Great-Coastal-Loop>

**Great Northern Loop** 75km H3  
Start Eumundi Napier Rd car park UBD 26 A10  
Desc Sunrise rd, Noosa, Coolum, Yandina & return  
<http://www.bikely.com/maps/bike-path/Great-Northern-Loop376480>

**Noosa 100** 100km H2.5  
Start Sunshine Beach car park UBDS 9 A20  
Desc Tewantin, Boreen Pt, Pomona, Cooroy & return.  
<http://www.bikely.com/maps/bike-path/Noosa-100>

**North to Noosa** 65km  
Start Mudjimba beach carpark UBD SC 59 M13  
Desc Cruise past Coolum, Peregian on to Noosa for coffee & return.  
<http://www.bikely.com/maps/bike-path/North-to-Noosa>

**Northern Capers** 81km H2  
Start Muller Park, Bli Bli UBD SC 58,G16  
Desc: David Low Way to Noosa & rtn  
<http://www.bikely.com/maps/bike-path/Northern-Capers>

**Tour the Northern beaches** 55km  
Start Cod Hole Maroochydore UBD SC 68 L5  
Desc: Cruise past Mudjimba Beach, Coolum, Peregian Beach  
<http://www.bikely.com/maps/bike-path/Tour-the-Northern-Beaches>

**Tewantin Boreen Point Loop** 67 km, D4, H2.5  
Start: Boat Ramp Lake Street Tewantin UBD SC 8,D14  
Desc: Cooroy, Pomona, Boreen Pt by Louis Bazzo, rtn McKinnon Dr  
<http://www.bikely.com/maps/bike-path/Tewantin-Boreen-Point-loop>

## **NORTHERN HINTERLAND RIDES**

**Borren's Beauty** 44km  
Start Tinbeerwah Hall UBD SC 6 N19  
Desc .Undulating country to Cooroy, Pomona back to Cooroy for coffee at Glass Monkey.  
Return via Nandroya & Sunrise Rds.  
<http://www.bikely.com/maps/bike-path/Borren-s-Beauty>

**Golden Triangle** 65km H2.5  
Start: opp. Tewantin PO UBD SC 8,D14  
Desc: Gyndier, Sunrise, Black Mtn, Cudgerie, Pomona (smoko), Louis Bazzo & rtn.  
<http://www.bikely.com/maps/bike-path/Golden-Triangle376518>

**Imbil-Kenilworth** 55km H3  
Start: Imbil Showground  
Desc: Kenilworth and rtn - a winding country road classic!  
<http://www.bikely.com/maps/bike-path/Imbil-Kenilworth>

**Kin Kin Kapers** 70km  
Start Eumundi Napier Rd Carpark UBD SC 26,A10  
Desc Up the Range to Cooroy, Pomona, smoko at the Kin Kin & return.  
<http://www.bikely.com/maps/bike-path/Kin-Kin-Kapers>

**Mary Valley Views** 50km H3  
Start Eumundi, Napier Rd Carpark UBD SC 26,A10  
Desc: Kenilworth, Skyring Creek, Belli Roads to Cooroy, rtn via Nandroya Road - an old favourite!  
<http://www.bikely.com/maps/bike-path/Mary-Vallet-Views>

**Ride the Ranges** 70km H3  
Start Napier Rd carpark, Eumundi UBD SC 26 A10  
Desc Cooroy Range, Kin Kin & return  
<http://www.bikely.com/maps/bike-path/Kin-Kin-Kapers>

**Ride the Mary Valley Rattler** 59km H2.5  
Start Imbil turnoff cnr Bruce Hwy  
Desc Back roads to Gympie. Train leaves 10.00am arr Imbil noon, lunch, ride back to cars.  
**Note:- Need to check Train times and bikes before putting up this ride**

## **CENTRAL COASTAL RIDES**

**Coastal Cruising** 50km  
Start Cod Hole, Maroochydore UBD SC 68,L5  
Desc: Cotton Tree, Mooloolabah, Kawana Is, Sippy Downs, Kunda Park & rtn

<http://www.bikely.com/maps/bike-path/Coastal-Cruising>

**From Coast to Hinterland**

50kms H 2.5

Start Woolies carpark Karawatha Dve Mountain Creek *UBD 79 H7*

Desc Mooloolaba, Alex, M'dore, Diddilbah Rd, Woombye, Palmwoods, Forest Glen for coffee.  
Return via Tanawha & Chancellor Pk.

<http://www.bikely.com/maps/bike-path/From-Coast-to-Hinterland>

**Great Coastal Loop**

136 km, D7, H2.5

Start Cod Hole, Maroochydore *UBD SC 68,L5*

Desc: Coolum, Noosa, Eumundi, Bruce Hwy, Caloundra, Cod Hole

<http://www.bikely.com/maps/bike-path/Great-Coastal-Loop>

**Loop around Buderim**

50km H2

Start Forest Glen opp Bakery *UBD SC 77 F4*

Desc Mooloolaba, Cotton Tree, Cod Hole, Nambour & return.

<http://www.bikely.com/maps/bike-path/Loop-around-Buderim>

**Pedal past the Pineapple**

40km H1

Start Fruit Factory, Karawatha Drive *UBD 79 H7*

Desc Forest Glen, Palmwoods via the Big Pineapple, Chevallum, coffee at Forest Glen & return.

<http://www.bikely.com/maps/bike-path/Pedal-past-the-pineapple>

**Reverse Loop around Buderim**

52km H2

Start Forest Glen opp Bakery

Desc Chevallum Rd, Woombye, Nambour, CodHole Mooloolaba & return.

<http://www.bikely.com/maps/bike-path/Reverse-Loop-around-Buderim>

**Reverse Pineapple**

57kms H2.5

Start Woolies Karawatha Drive, Mountain Creek *UBD SC 79 J8*

Desc Chanc Pk, Chevallum, Palmwoods, Big Pineapple, Stark Lane, Parsons Rd, Forest Glen for coffee. Mons, Parsons, Kulin, Tepuquire Dve, Cotton Tree, Mooloolaba & return

<http://www.bikely.com/maps/bike-path/Reverse-Pineapple>

**Short Coolum Circuit**

49km

Start Muller Park, Bli Bli *UBD SC 58 G16*

Desc Yandina, Coolum (coffee), Twin Waters & return

<http://www.bikely.com/maps/bike-path/Short-Coolum-Circuit>

**Surprise Surprise**

48km H0.5

Start Forest Glen opp Bakery

Desc To Kawana Island & return

<http://www.bikely.com/maps/bike-path/Surprise-Surprise>

**Mooloolaba to the Hills and Back**

86km H2

Start Mooloolaba Esp (cnr Foote St) *UBD SC 80 D3*

Desc Buderim, Forest Glen, Palmwoods, Montville, Mooloolah, Ilkley

<http://www.bikely.com/maps/bike-path/Mooloolaba-to-the-hills-and-back>

**CENTRAL HINTERLAND RIDES**

**Eerwah Extension**

80km H2.5

Start Muller Park, Bli Bli *UBD SC 58 G16*

Desc Bli Bli Yandina Rd, North Arm, Eerwah Vale, Eumundi, return Yandina Coolum Rd..

<http://www.bikely.com/maps/bike-path/Eerwah-Extension>

**Fairhill Circuit** 53 km H2

Start Nambour RSL Carpark UBD SC 56,E17

Desc: Wappa Dam, Yandina, smoko@Fairhill & rtn

<http://www.bikely.com/maps/bike-path/Fairhill-Circuit>

**Hinterland Heart Starter** 55km H3

Start Cod Hole, Maroochydore UBD SC 68 L5

Desc ,Nambour, West Woombye, Palmwoods, Woombye bakery for coffee & return via Diddillibah Rd.

<http://www.bikely.com/maps/bike-path/Hinterland-Heartstarter>

**Mary Valley Meander** 85kms H2.5 – H4

Start Mapleton shops UBD SC 54 G9

Desc Montville, Maleny, Witta downhill to Connondale, Kenilworth for coffee. Up the Obi Obi to finish at Mapleton

<http://www.bikely.com/maps/bike-path/Mary-Valley-Meander>

**Montville Landsborough Loop** 62km H3.5

Start Forest Glen opp bakery UBD SC 77 F4

Desc Montville, Mary Cairncross, Landsborough & return

<http://www.bikely.com/maps/bike-path/Montville-Landsborough-Loop>

**Montville Magic** 35km H3.5

Start Forest Glen shops UBD SC 77 F4

Desc .Palmwoods, Montville and return via Chevallum.

<http://www.bikely.com/maps/bike-path/Montville-Magic>

**Mooloolaba to Eudlo** 57km H2

Start Mooloolaba Esp (cnr Foote St) UBD SC 80 D3

Desc Buderim Meadows, Uni, Forest Glen, Big Pineapple, Palmwoods, Eudlo & return Chevallum Rd.

<http://www.bikely.com/maps/bike-path/Mooloolaba-to-Eudio>

**Mooloolaba to Eudlo Explorer** 40 H2

Start River Esplanade, Mooloolaba UBD SC 80,D3

Desc: Buderim Meadows, Uni, Forest Glen, Eudlo & rtn

<http://www.bikely.com/maps/bike-path/Mooloolaba-to-Eudio-Explorer>

**Nambour Meander** 50kms

Start Muller Park, Bli Bli UBD SC 58 G16

Desc Rolling Yandina Bli Bli Rd, Yandina, Nambour, Rosemount, Cod Hole & return via Motorway bridge

<http://www.bikely.com/maps/bike-path/Nambour-Meander>

**Old Presidents Ride** 51km H2.5

Start Cod Hole Maroochydore UBD SC 68 N4

Desc Nambour, McKenzie Rd, Woombye, Palmwoods, Forest Glen, Tanawah, Karrawatha Dve, Alex, Cotton Tree & return.

<http://www.bikely.com/maps/bike-path/Old-Presidents-Ride>

**Palmwoods Push** 40km H3

Start Duckponds, Palmwoods UBD SC 76,D4

Desc: Eudlo, Over "The Wall" to Mooloolah, Glenview, Ettamogah, Bruce Hwy to Tanawha Exit, Forest Glen & rtn

<http://www.bikely.com/maps/bike-path/Palmwoods-Push>

**Pedal past the Pineapple and beyond** 52km H2.5

Start Fruit factory, Karawatha Dve Mountain Ck UBD 79 H7

Desc Forest Glen, Big Pineapple, Palmwoods Duck Pond, Chevallum Rd, Mons Rd, Fishermans Rd, Cotton Tree, Mooloolaba & return

<http://www.bikely.com/maps/bike-path/Pedal-past-the-pineapple-and-beyond>

**President's Variation** 50km H2.5

Start River Esplanade, Mooloolaba UBD SC 80,D3

Desc: Maroochydore, Rosemount, Woombye, Palmwoods, smoko@Forest Glen, rtn via Mountain Creek.

<http://www.bikely.com/maps/bike-path/President-s-Variation>

**Ups & Downs** 32km H3.5

Start Palmwoods Duck Pond

Desc Montville, down Philips Rd (check brakes), Woombye & return.

<http://www.bikely.com/maps/bike-path/Ups-Downs>

**Twin Bridges** 53km H2

Start Muller Park, Bli Bli UBD SC 58,G16

Desc: Dunethin Rock, Yandina, Coolum, Twin Waters & rtn

<http://www.bikely.com/maps/bike-path/Twin-Bridges>

## **SOUTH COASTAL RIDES**

**Pelican in a Sugarbag** 55 H1

Start Northern end, La Balsa Park UBD SC 80,K3

Desc: Oceanic Drive, Currimundi, Parklands, Pelican Waters, Caloundra, Sugar Bag & return

<http://www.bikely.com/maps/bike-path/Pelican-in-a-Sugarbag>

**Pelican Ride** 56km H2

Start La Balsa Pk, Pt Cartwright UBD SC 80 K3

Desc Pelican Waters & return

<http://www.bikely.com/maps/bike-path/Pelican-Ride>

**Water Pelican** 60KM

Start La Balsa Park UBD SC 80 K3

Desc Pt Cartwright, Kawana Way, Currimundi, Dicky Beach, Pelican Waters& return.

<http://www.bikely.com/maps/bike-path/Water-Pelican>

**Water Water Everywhere** 43km H1.5

Start Northern end, La Balsa Park UBD SC 80,K3

Desc: Coast to Golden Beach return via Kawana Is.

<http://www.bikely.com/maps/bike-path/Water-Water-Everywhere>

## **SOUTH HINTERLAND RIDES**

**Beach to Bush** 82 km

Start Dicky Beach carpark UBD SC 100 L7

Desc Beerwah, coffee at Mooloolah return via Chancellor Park.

<http://www.bikely.com/maps/bike-path/Beach-to-Bush>

**Booroobin & Bald Knob Loop** 45km H3  
Start Mary Cairncross Park UDB SC 94 K3  
Desc Stanley River, Peachester & Bald Knob Rds  
<http://www.bikely.com/maps/bike-path/Booroobin-Bald-Knob-Loop>

**Bribie or Bust** 125 km  
Start Landsborough Rail UBD SC 96,G18  
Desc Landsborough, Beerwah, Elimbah, Old Toorbul Rd, Bribie Rd, Bribie Is & rtn—fish and chips on the beach!  
<http://www.bikely.com/maps/bike-path/Bribie-or-Bust>

**Country Air** 60 km H3.5  
Start Beerwah Rail Carpark UBD SC 106 D20  
Desc Peachester, Stanley River Rd, Maleny, Mt Mellum—a real roller-coaster.  
<http://www.bikely.com/maps/bike-path/Country-Air>

**Gazing the Glasshouse Mountains** 40km  
Start Landsborough Railway Stn UBD SC 96, F18  
Desc Old GympieRd past Crookneck. Glassshse Mtns Lookout, Marshs Rd past Tibrogargan. Coffee at Glasshouse, home via Mt Ngungun, Sahara Rd and Beerwah.  
<http://www.bikely.com/maps/bike-path/Gazing-the-Glass-House-Mountains377671>

**Hills Ahoy** 70km H4  
Start Centenary Lakes UBD BR57,R3  
Desc: Campbell's Pocket, Mt Mee, D'Aguilar & rtn smoko @ Wamuran - 11 km climb, great views & downhill run  
<http://www.bikely.com/maps/bike-path/Hills-Ahoy>

**Magnificent Mary** 68km H3  
Start Witta Store, Maleny-Kenilworth Rd, approx 5 km N Maleny  
Desc: The Upper Mary valley-Conondale, Kenilworth & rtn.  
<http://www.bikely.com/maps/bike-path/Magnificent-Mary>

**Maleny Views** 50km H 3.5  
Start Mary Cairncross Pk, UBD SC 94 K3  
Desc Hilly, 5 lookouts, beat the traffic!! Enjoy the sunrise & views. Coffee at Maleny or Mary Cairncross.  
<http://www.bikely.com/maps/bike-path/Maleny-Views>

**Montville-Landsborough Loop** 80km H4  
Start Opp. Forest Glen Bakery UBD SC 77,F4  
Desc: Palmwoods, Montville, Mary Cairncross, L'borough & rtn via GlassHouse Mtns Rd-Bruce Hwy-Super B  
<http://www.bikely.com/maps/bike-path/Montville-Landsborough-Loop377687>

**Mooloolah Adventure** 33km H2.5  
Start Ettamogah Pub  
Desc Glenview, Old Gympie Rd, Mooloolah & return  
<http://www.bikely.com/maps/bike-path/Mooloolah-Adventure>

**Mooloolah Hinterland** 60km H2.5  
Start Kawana Shopping Centre Carpark UBD SC 80,H12  
Desc: Caloundra, Mooloolah via Caloundra & Mooloolah-Connection Rd, Eudlo, Forest Glen (great coffee!) & rtn.  
<http://www.bikely.com/maps/bike-path/Mooloolah-Hinterland>

**Mooloolah Hinterland Reversed** 60km H2.5  
Start Kawana Shopping Centre Carpark UBD SC 80,H12  
Desc: Forest Glen, Eudlo, Caloundra, Mooloolah, Caloundra & rtn.  
<http://www.bikely.com/maps/bike-path/Mooloolah-Hinterland>

**Mooloolah Mogul** 24km, H1.5  
Start Ettamoggah Pub ..... UBD SC88,F12  
Desc: Mooloolah, Glenview & rtn  
<http://www.bikely.com/maps/bike-path/Mooloolah-Mogul>

**Short and Crisp** 40km H2.5  
Start Landsborough Railway Station UBD SC 96, F18  
Desc Old GypmpieRd, past Crookneck, Marsh's rd, past Tibrogargan, Sahara Rd, Beerwah.  
Back to Landsborough for coffee  
<http://www.bikely.com/maps/bike-path/Short-and-Crisp>

**Wild Horse Ride** 56km H2.5  
Start Landsborough Railway Station UBD SC 96, F18  
Desc Old GypmpieRd, Marsh's rd, past Tibrogargan, Wild Horse Lookout coffee  
Back to Landsborough  
<http://www.bikely.com/maps/bike-path/Wild-Horse-Ride>

**Stradbroke Island Ride** 106km H2.5  
Start Manly UBD BR 163, N1  
Desc follow Di and Tony bring some money for food and ferry  
<http://www.bikely.com/maps/bike-path/SCBTC-Stradbroke-Island-Ride>