

**Ride 2 Borren's Beauty** 48km  
 Start: Tinbeerwah Hall UBD SC 6 N19  
 Desc .Undulating country to Cooroy, Pomona back to Cooroy for coffee. Return via Nandroya & Sunrise Rds.  
 Contact: John Borren 5438 8487

**Sat 22 Aug 8.00am - Dicky Beach - See 4 July**

**20km:** Loraine Stocker 5437 7881  
**30km:** Michael Jacobson 5491 1357  
**40km:** Tom Shapiro on 5443 7343

**Sun 23<sup>rd</sup> August 8.00am**

**Ride 1 Old Presidents Ride** 52km H2.5  
 Start Cod Hole Maroochydore UBD SC 68 N4  
 Desc Nambour, McKenzie Rd, Woombye, Palmwoods, Forest Glen, Tanawah, Karrawatha Dve, Alex, Cotton Tree & return.

Contact: Barry Cummings 5475 4818

**Ride 2 Fresh Air (MTB)** 55km H3

Start Kin Kin opp store top of showground  
 Desc Wahpunga, Wolvi, Beenham Valley Rd, Cedar Pocket, return via Sister Tree Creek Rd.

Contact: Ev Willis 0408 748 588

**Sat 29 Aug 8.00am - Jessica Pk Miniyama - See 11 July**

**20km:** David Robertson 5456 2860  
**30km:** David Greenhalgh 5450 7781  
**40km:** Jim Orton 5452 2814

**Sun 30<sup>th</sup> August 8.00am**

**Ride 1 Loop around Buderim** 60km H2  
 Start Forest Glen opp Bakery UBD SC 77 F4  
 Desc Mooloolaba, Cotton Tree, Cod Hole, Nambour & return.

Contact: Jim Adam 5444 7896

**Ride 2 Di & Tony's Straddie ride**

80 km (40km option) **Meet at 7:15am at Wynnum**  
 Scenic 20km ride along Moreton Bay to the Cleveland Ferry.  
 Ferry leaves at 9am. 20km ride across the island to *Point*  
*Lookout* for lunch. 3pm return to Cleveland. Ferry \$16.  
 Further details and to RSVP: Tony Ridgeway 0421 692 668  
 Or email: [ridgwad@gmail.com](mailto:ridgwad@gmail.com)

☺☺☺ **SEPT RIDES START AT 7.30AM** ☺☺☺

**Sat 5 Sept 7.30am - Fishermans Rd M'dore- See 18 July**

**20km:** Robyn Vardy 5313 7773  
**30km:** Lyn Stokes 5456 4447 + Jackie Miller 5445 5343  
**40km:** John Borren 5478 3081

**Sun 6<sup>th</sup> September 7.30am**

**Ride 1 Short Coolum Circuit** 45km  
 Start Muller Park, Bli Bli UBD SC 58 G16  
 Desc Yandina, Coolum (coffee), Twin Waters & return  
 Contact: Tony Rice 5471 2012

**Ride 2 Mary Valley Meander** 95kms H2.5 – H4

Start Mapleton shops !! **7.00am sharp !!** UBD SC 54 G9  
 Desc Montville, Maleny, Witta downhill to Conondale, Kenilworth for coffee. Up the Obi Obi to finish at Mapleton  
 Contact: Sally Blattman 5493 1702

**Sat 12 Sept 7.30am - Foote St – Mooloolaba - See 25 July**

**20km:** Nana Ollerenshaw 5444 1230  
**30km:** Bernard Adcock on 5453 4392  
**40km:** Jim Adams 5444 7896

**Sun 13<sup>th</sup> September 7.30am**

**Ride 1 From Coast to Hinterland** 55kms H 2.5  
 Start Woolies carpark Karawatha Dve Mountain Creek UBD 79 H7  
 Desc Mooloolaba, Alex, M'dore, Diddilbah Rd, Woombye, Palmwoods, Forest Glen for coffee. Return via Tanawha & Chancellor Pk.

Contact : Tom Shapiro 5309 6239

**Ride 2 Bribie or Bust** 125 km

Start Landsborough Rail UBD SC 96,G18  
 Desc Landsborough, Beerwah, Elimbah, Old Toorbul Rd, Bribie Rd, Bribie Is & rtn—fish and chips on the beach!

Contact: Di Ridgway 0421 692 668

**Sat 19 Sept 7.30am - Bulcock Bch – Caloundra - See 1 Aug**

**20km:** Mandy Gaeth 5499 7796  
**30km:** Anne Jacobson 5491 1357  
**40km:** Steve Gaeth 5499 7796

**Sun 20<sup>th</sup> September 7.30am**

**Ride 1 Reverse Loop around Buderim** 60km H2

Start Forest Glen opp Bakery UBD SC 77 F4  
 Desc Chevallum Rd, Woombye, Nambour, CodHole Mooloolaba & return.

Contact: Andrea Davies 5478 3371

**Ride 2 Come & Try (MTB)** 15-20 kms

Start Tewantin opp Post Office UBD SC 8 D14  
 Desc Tewantin State forest fire trails. Lookout optional.  
 Contact: Damien Jones 5442 8813 or Mob: 0429 028 831

**Sat 26 Sept 7.30am Innovation Cntr Chanc Pk - See 8 Aug**

**20km:** Marilyn Marks 5441 3760  
**30km:** Ria Green 0427 130 989  
**40km:** Andrea Davies 5478 3371

**Sun 27<sup>th</sup> September 7.30am**

**Ride 1 Nambour Meander** 50kms

Start Muller Park, Bli Bli UBD SC 58 G16  
 Desc Rolling Yandina Bli Bli Rd, Yandina, Nambour, Rosemount, Cod Hole & return via Motorway bridge

Contact: Ross Sheppard 5448 5054

**Ride 2 Boreen or bust** 70km H3.0

Start Car park opp Tewantin RSL UBD SC 8 D13  
 Desc To Boreen Pt. Morning Tea at Kabi Golf Course. Return via Pomona , Cooroy , Tewantin.

Contact: Paulette Skinner 0402 886 515

**WEEKDAY RIDES:**

These rides, 55-60km are not "club rides", but club members participate – ask around for details:

**Mondays:** Kawana Woolworths to Montville

**Tuesdays:** Kawana Woolworths to Pelican Waters

**Wednesdays:** Kawana Woolies to Pelican Waters

**Fridays:** Cod Hole to Peregian

**Fridays:** Kawana Woolworths to Pelican Waters



**SCBTC**  
 RIDE  
 CALENDAR  
 JUL → SEPT  
 2009

**Social cycling since 1994**

**Committee**

President.....Rob Coles.....5445 2400  
 Vice President.....Andrea Davies.....5478 3371  
 Secretary.....Tom Shapiro..... 5309 6239  
 Treasurer.....Karen Squire..... 5477 0245

**Ride Co-ordinators**

Saturday Rides.....Vince Whitburn.....54926677  
 Sunday Rides.....Rob Coles.....54452400  
 MTB Rides.....Damien Jones.....54428813

Mail P O Box 5313, Maroochydore South Q 4558

Email [info@scbtc.org.au](mailto:info@scbtc.org.au)

Web [www.scbtc.org.au](http://www.scbtc.org.au)

If you are unsure of your ability to keep up on a proposed ride, please call the relevant ride leader.

**Saturday rides** are especially tailored for those new to cycling. Email for Saturday rides - [vwhitburn@bigpond.com](mailto:vwhitburn@bigpond.com)

**Sunday rides** will often have an easier option - either slower or shorter – decided by the riders on the day.

**Membership**

1. Non-members are welcome to attend two rides before joining.
2. Membership application forms are available from the web-site, or from a committee member.
3. Annual membership is \$24 (individual), \$36 (family) - plus initial joining fee of \$15.
4. Bicycle Queensland membership is highly recommended and has many benefits, including insurance

**Safety on Rides**

1. Select a ride that suits your ability
2. Comply with road rules and be courteous to all road users.
3. Bring pump, spare tube, tyre levers, tools, water, first-aid kit, mobile phone.
4. Children under 17 should be accompanied by an adult.
5. If wet weather, contact ride leader for update.

**Sat 4 July 8.00am***All rides start at Dicky Beach carpark UBD SC 100, L7***20 km** Leafy bike paths and roads of Currimundi and Kawana Forest. All flat. Coffee at Currimundi Lake.

Contact Loraine Stocker on 5437 7881

**30 km** A flat/rolling hills tour around Little Mtn and Caloundra. Coffee by the beach

Contact Michael Jacobson on 5491 1357

**40 km** A beach ride taking in Moffat, Kings, Golden Beach and Pelican waters.

.Contact Tom Shapiro on 5443 7343

**Sun 5<sup>th</sup> July 8.00am****Ride 1 Tour the Northern beaches** 55km

Start Cod Hole Maroochydore UBD SC 68 L5

Desc: Cruise past Mudjimba Beach, Coolum, Peregian Beach

Contact :Paul Denny 5479 5769

**Ride 2 Beach to Bald Knob** 70km H3

Start : Dicky Beach carpark UBD SC 100L7

Desc : Beerwah, Peachester, Bald Knob, Landsborough

Contact: Paul Lucy 5492 5575

**Sat 11<sup>th</sup> July 8.00am***All rides start at Jessica Park Minyama UBD SC 80, E10***20 km** A nice flat cruise around Kawana. The leader will make it up on the day. Coffee stop? Yes. Somewhere

Contact David Robertson on 5456 2860

**30 km** A ride similar to the 20km ride only longer. Just come and enjoy the scenery.

Contac David Greenhalgh on 5450 7781

**40 km** Exercise on a friendly flat ride along Pacific Blv to Currimundi. Coffee on Kawana Island

Contact Jim Orton on 5452 2814

**INFORMAL SAT AFTERNOON RIDE 11<sup>th</sup> July !!! 2.30PM !!****Start: Woolies carpark Karawatha Dve UBD 79 H7****40km.** Cruise around Chancellor park to Forest Glen maybe Palmwoods and back. Coffee somewhere.**Contact: Andrea Davies 5478 3371****Sun 12<sup>th</sup> July 8.00am****Ride 1 Pedal past the Pineapple** 40km H2.0

Start Start Innovation Centre SC uni

Desc Forest Glen, Big Pineapple, Palmwoods, Chevallum Rd. Coffee at Forest Glen &amp; return.

Contact: Michael Head 5445 5585

**Ride 2 Montville Landsborough Loop** 70km H3.5

Start Forest Glen opp bakery UBD SC 77 F4

Desc Montville, Mary Cairncross, Landsborough &amp; return

Contact Trish Brindise 5437 9171

**Sat 18<sup>th</sup> July 8.00am** *All rides start at**Lions Park Fisherman's Rd Maroochydore UBD SC 68, K5***20 km** A ramble around M'dore Kuluin & Alex. Coffee at Cotton Tree

Contact: Robyn Vardy on 5313 7773

**30 km** An excursion similar to the 20km ride but a bit longer with small hills (and a few steps) Coffee with tourists

Contact: Lyn Stokes 5456 4447 or Jackie Miller 5445 5343

**40 km** Enjoy the country views cycling to Nambour, Woombye, Palmwoods and then coffee and Forest Glen

Contact: John Borren on 5478 3081

**Sun 19<sup>th</sup> July 8.00am****Ride 1: Pelican in a Sugarbag** 55 H1

Start Northern end, La Balsa Park UBD SC 80,K3

Desc: Oceanic Drive, Currimundi, Parklands, Pelican Waters, Caloundra, Sugar Bag Road &amp; return

Contact: Roger Hawkins 5499 7427

**Ride 2 Come & Try (MTB)** 15-20 kms

Start Tewantin opp Post Office UBD SC 8 D14

Desc Tewantin State forest fire trails. Lookout optional.

Contact: Damien Jones 5442 8813 or Mob: 0429 028 831

**Sat 25<sup>th</sup> July 8.00am** *All rides start at the carpark corner**Footie St & River Esplanade Mooloolaba UBD SC 80, D3***20 km** Cycle the roads and paths around point Cartwright, via the lighthouse. Coffee on Kawana Island

Contact Nana Ollerenshaw on 5444 1230

**30 km** A surprise ride around Mooloolaba, Alex, Cotton tree, Kuluin and Maroochydore. Some small hills

Contact Bernard Adcock on 5453 4392

**40 km** An enjoyable ride thru Mt Creek to coffee at Forest Glen. Return via Bradman Ave and Alex

Contact Jim Adams on 5444 7896

**Sun 26<sup>th</sup> July 8.00am****Ride 1 Fairhill Circuit** 40 km H2

Start Nambour RSL Carpark UBD SC 56,E17

Desc: Wappa Dam, Yandina, smoko@Fairhill &amp; rtn

Contact: Karen Squire 5477 0245

**Ride 2:Booroobin & Bald Knob Loop** 50km H3

Start Mary Cairncross Park UDB SC 94 K3

Desc Stanley River, Peachester &amp; Bald Knob Rds

Contact: Pat Turner 5442 9142

**Sat 1<sup>st</sup> August 8.00am** *All rides start at Bulcock Beach**(Happy Valley) Carpark - Caloundra UBD SC 100, K8***20 km** Something new - Totally flat cruise around Golden Beach and Pelican Waters. Coffee on the beach

Contact Mandy Gaeth on 5499 7796

**30 km** Another new ride – A mystery tour around Pelican waters, Belvista, and Lt Mountain. Coffee somewhere

Contact Anne Jacobson on 5491 1357

**40 km** A combination of other rides. Some hills.

Contact Steve Gaeth on 5499 7796

**Sun 2<sup>nd</sup> August 8.00am****Ride 1 North to Noosa** 65km

Start Mudjimba beach carpark UBD SC 59 M13

Desc Cruise past Coolum, Peregian on to Noosa for coffee &amp; return.

Contact: Bill Lipson 5457 0201

**Ride 2 Scenic Cooloolabin ( MTB)** 46km H3.5

Start Mapleton Lillyponds UBD SC 54 G9

Desc Mapleton Fst, Cooloolabin, Mt Glorious. Coffee at Belli.

Contact: Ann Michael 5445 7300

**Sat 8<sup>th</sup> August 8.00am** *All rides start at the**Innovation Crt Roundabout SC Uni UBD SC 78, M17***20 km** Discover the suburban bikeways around Chancellor Park and Sippy Downs.

Contact Marilyn Marks on 5441 3760

**30 km** This is a surprise ride but mainly flat if not all flat.

Definitely a coffee stop somewhere

Contact Ria Green on 0427 130 989

**40 km** Reverse Pineapple.Coffee at Forest Glen

Contact Andrea Davies on 5478 3371

**Sun 9<sup>th</sup> August 8.00am****Ride 1 Coastal Cruising** 50km

Start Cod Hole, Maroochydore UBD SC 68,L5

Desc: Cotton Tree, Mooloolabah, Kawana Is, Sippy Downs, Kunda Park &amp; rtn

Contact: Noel Green 5493 4124

**Ride 2 Maleny Views** 50km H 3.5

Start Mary Cairncross Park UBD SC 94 K3

Desc Hilly, 5 lookouts, beat the traffic!! Enjoy the sunrise &amp; views. Coffee at Maleny or Mary Cairncross.

Contact: Rob Coles 5445 2400

**Sat 15<sup>th</sup> August 8.00am**

All rides start at Muller Park Bli Bli UBD SC 58, G16

**Special rides – Enjoy them!!****20km possibly 25 km** Cycle around Twin Waters and M'jimba. May extend to South Coolum. All flat. Coffee Mudjimba

Contact Vince on 5492 6677

**30km possibly 35km** Rolling hills. Tour country roads to Yandina. Coffee at Nambour. Back via Petrie Ck rd.

Contact John Hawkins on 5475 4318

**40km possibly 45km of Rolling hills**, Petrie Ck Rd, Nambour, Nindery, Coffee Yandina. Back via Dunethin

Contact Trish Brindise on 5437 9171

**Sun 16<sup>th</sup> August 8.00am****Ride 1 Short and Crisp** 45km H2.5

Start Landsborough Railway Station UBD SC 96, F18

Desc Old GympieRd, past Crookneck, Marsh's rd, past Tibrogargan, Sahara Rd, Beerwah. Back to Landsborough for coffee

Contact: Paul Lucy 5492 5575

**Ride Leader checklist****Day before** - advise the coffee shop .**Bring** ride sheet, pen, route notes, mobile.**Hand out** your mobile number to riders.**Choose** Tail-end Charlie (TC)**Ensure** all riders sign ride sheet, and carry it with you.**Assemble** riders 10 minutes before start time**Introduce** new riders and TC**Briefly describe** the route and advise dangers.**Nominate** first stop point.