

Ride Leader checklist

Day before - advise the coffee shop .

Bring ride sheet, pen, route notes, mobile.

Hand out your mobile number to riders.

Choose Tail-end Charlie (TC)

Ensure all riders sign ride sheet, and carry it with you.

Assemble riders 10 minutes before start time

Introduce new riders and TC

Briefly describe the route and advise dangers.

Nominate first stop point.

Sat 23 May 7.30am - Dicky Beach - See 4th April

20km: Loraine Stocker 5437 7881

30km: Michael Jacobson 5491 1357

40km: Tom Shapiro on 5443 7343

Sun 24th May 7.30am

Ride 1 Eerwah Extension 65km H2.5
Start Muller park UBD SC 58 G16
Desc Dunethin rock, Yandina, North Arm, Eerwah Vale. Coffee at Eumundi home via North Arm.

Contact : Andrea Davies 5478 3371

Ride 2 Mapleton Meander 30 kms H3 HYB

Start Mapleton Lily Ponds UBD SC
Desc Cooloolabin, swim, BYO food.

Contact: Pat Turner 5442 9142

Sat 30 May 7.30am - Jessica Pk Minyama - See 11th April

20km: David Roberts 5456 2860

30km: Bernard Adcock 5453 4392

40km: Dick McFarlane 5445 1361

Sun 31st May 7.30am

Ride 1 Borren's Beauty 48 km
Start Tinbeerwah Hall UBD SC 6 N19
Desc : Cooroy, Pomona back to Cooroy for coffee at Glass Monkey. Rtn via Nandroya & Sunrise rds.

Contact: John Borren 5438 8487

Ride 2 Coastal Cruising 50 km

Start Cod Hole, Maroochydore UBD SC 68,L5
Desc: Cotton Tree, Mooloolabah, Kawana Is, Sippy Downs,
Coffee at Cocos & return

Contact: Noel Green 5493 4124

!!!!!! **NOTE: JUNE RIDES START AT 8.00AM** !!!!!!

Sat 6 Jun 8.00am - Fishermans Rd M'dore- See 18th April

20km: Robyn Vardy 5313 7773

30km: Lyn Stokes 5456 4447 + Jackie Miller 5445 5343

40km: John Borren 5478 3081

Sun 7th June 8.00am

Ride 1 Old Presidents Ride 52 km
Start Cod Hole Maroochydore UBD SC 68 L5
Desc Nambour, Woombye, Palmwoods, Forest Glen, Tanawha,
Alex, Cotton Tree & return.

Contact: Barry Cummings 5475 4818

Sat 13 Jun 8.00am - Foote St – Mooloolaba - See 25 Apr

Same as ANZAC day – rides made up on the day

Sun 14th June 8.00am

Ride 1 Montville Magic 40km H3.5
Start Forest Glen shops UBD SC 77 F4

Desc .Chevallum , Dulong, Montville.

Contact : Sally Blattman 5493 1702

Ride 2 Beach to Bush 65 km

Start Dicky Beach carpark UBD SC 100 L7
Desc Beerwah, coffee at Mooloolah return via Chancellor
Park.

Contact: Paul Lucy 5492 5575

Sat 20 Jun 8.00am - Bulcock Bch – Caloundra - See 2 May

20km: Mandy Gaeth 5499 7796

30km: Anne Jacobson 5491 1357

40km: Steve Gaeth 5499 7796

Sun 21st June 8.00am

Ride 1 Beach & Bush 60km H2

Start Coolum Surf Club UBD SC 39 J15
Desc Cruise up to Noosaville, Noosa Waters Gympie Terrace
for coffee and return.

Contact: Mary-Ann Washford 0438 277 965 or 0418 990 862

Ride 2 Obi Meander 45km HYB

Start Mapleton Lillyponds
Desc Obi river flats. Bitumen and formed gravel roads.
Kenilworth for coffee. Return via the Obi Obi!

Contact: Ann Michael 5445 7300

Sat 27 Jun 8.00am - Innovation Cntr Chancellor - See 9 May

20km: Marilyn Marks 5441 3760

30km: Ria Green 0427 130 989

40km: Andrea Davies 5478 3371

Sun 28th June 8.00am

Ride Pedal past the Pineapple and beyond 60km H2.5

Start Woolies, Karawatha Dve Mountain Ck UBD 79 H7
Desc Forest Glen, Big Pineapple, Palmwoods, Chevallum,
Fishermans Rd, Cotton Tree, Mooloolaba & return.

Contact: Julie Fitzsimmons 5444 0200

Ride 2 Water Pelican 60KM

Start La Balsa Park UBD SC 80 K3
Desc Pt Cartwright, Kawana Lake, Kawana Way, Currimundi
Scenic Way, Dicky Beach, Pelican Waters & return.

Contact: Noel Green 5493 4124

WEEKDAY RIDES:

These rides, 55-60km are not "club rides", but club members participate – ask around for details:

Mondays: Kawana Woolworths to Montville

Tuesdays: Kawana Woolworths to Pelican Waters

Wednesdays: Kawana Woolies to Pelican Waters

Fridays: Cod Hole to Peregian

Fridays: Kawana Woolworths to Pelican Waters



SCBTC RIDE CALENDAR

APR ⇒ JUN
2009

Social cycling since 1994

Committee

President.....Rob Coles.....5445 2400
Vice President.....Andrea Davies.....5478 3371
Secretary.....Tom Shapiro..... 5309 6239
Treasurer.....Karen Squire..... 5477 0245

Ride Co-ordinators

Saturday Rides.....Vince Whitburn.....54926677
Sunday Rides.....Rob Coles.....54452400
MTB Rides.....Damien Jones.....54428813

Mail P O Box 5313, Maroochydore South Q 4558

Email info@scbtc.org.au

Web www.scbtc.org.au

If you are unsure of your ability to keep up on a proposed ride, please call the relevant ride leader.

Saturday rides are especially tailored for those new to cycling. Email for Saturday rides - vwhitburn@bigpond.com

Sunday rides may have an easier option - either slower or shorter – decided by the riders on the day.

Membership

1. Non-members are welcome to attend two rides before joining.
2. Membership application forms are available from the web-site, or from a committee member.
3. Annual membership is \$24 (individual), \$36 (family) - plus initial joining fee of \$15.
4. Bicycle Queensland membership is highly recommended and has many benefits, including insurance

Safety on Rides

1. Select a ride that suits your ability
2. Comply with road rules and be courteous to all road users.
3. Bring pump, spare tube, tyre levers, tools, water, first-aid kit, mobile phone.
4. Children under 17 should be accompanied by an adult.
5. If wet weather, contact ride leader for update.

Sat 4th April 7.30am All rides start at:
Dicky Beach carpark Dicky Beach UBD SC 100, L7
20 km Explore the leafy bike paths and roads of Currimundi and Kawana Forest. All flat. Coffee at Currimundi lake.
Contact: Loraine Stocker on 5437 7881
30 km . A flat/rolling hills touring ride around Little Mt and Caloundra. Always a little surprise. Coffee by the beach
Contact: Michael Jacobson 5491 1357
40 km A beach ride taking in Moffatts, Kings, and Golden Beach. Then visit Pelican waters. Coffee at a beach
.Contact Tom Shapiro on 5443 7343

Sunday 5th April 7.30am
Ride 1: Northern Capers 65km H2
Start Mudjimba Beach Car Park UBD SC 59, M12
Desc To Noosa & return
Contact : Bill Lipson 54570201
Ride 2: Pedal past the Pineapple 40km H1
Start Innovation Centre SC Uni UBD SC 78 M17
Desc Forest Glen, Palmwoods via the Big Pineapple, Chevallum, coffee at Forest Glen & return.
Contact: Rob Mabin 5445 2958

Sat 11th April (Easter Saturday) 7.30am
All rides start at Jessica Park Minyama UBD SC 80, E10
20 km A nice flat cruise around Kawana. The leader will make it up on the day. Coffee stop? Yes. Somewhere
Contact David Robertson 5456 2860
30 km A ride very similar to the 20km ride only longer. Just come and enjoy the ride
Contact: Bernard Adcock on 5453 4392
40 km . Exercise on a friendly flat ride along Pacific Blv to Currimundi - Coffee at Kawana Island.
Contact: Dick McFarlane on 5445 1361

Sun 12th April (Easter Sunday) 7.30am
Ride 1 Surprise Surprise 50km H0.5
Start Forest Glen opposite Bakery UBD 77 F 4
Desc . To Kawana Island & return
Contact : Tom Shapiro 5309 6239

Sat 18th April 7.30am All rides start at:
Lions Park Fishermans Rd Maroochydore UBD SC 68, K5
20 km . A ramble around the smaller hills of M'dore & Kuluin. Also cycle the flats Alex, Coffee at Cotton Tree
Contact: Robyn Vardy on 5313 7773
30 km An excursion similar to the 20km ride but a bit longer with small hills (and a few steps) Coffee with tourists
Contact Lyn Stokes 5456 4447 or Jackie Miller 5445 5343
40 km Enjoy the country views cycling to Nambour, Woombye, Palmwoods and then coffee and Forest Glen
Contact: John Borren on 5478 3081

Sun 19th April 7.30am
Ride 1 Nambour Meander 50km
Start Muller Park Bli Bli UBD SC 58 G16
Desc .Yandina Bli Bli Rd, Nambour, Rosemount, Cod Hole. Return via Motorway bridge
Contact: Trish Brindise 5437 9171

Ride 2 Valdora Venture 41kms H2.5 **HYB**
Start Chambers X'ing, Ninderry Rd, Yandina UBD SC 46, F3
Desc Fairhill, North Arm, Valdora, Doonan Bridge, Verrierdale, Eumundi & rtn. BYO smoko
Contact: Damien Jones 5442 8813 or 0429 028 831

Sat 25 April 7.30am ANZAC DAY All rides start at:
carpark cnr Foote St & River Esp Mooloolabah UBD SC 80, D3
• Rides made up on the day by consensus of whoever turns up
• Wear something big, small or minute that reflects ANZAC
• Even an ANZAC bikkie in the pocket is great!
Contact Vince on 5492 6677 for details

Sun 26th April 7.30am
Ride 1 Tour the Northern beaches 55km
Start Cod Hole Maroochydore UBD SC 68 L5
Desc: Cruise past Mudjimba Beach, Coolum, Peregrin Beach
Contact :Karen Squire 5477 0245
Ride 2 Forest Adventure 50 km H1.5
Start Kawana Shoppingworld carpark UBD SC
Desc Forest Glen, Chancellor Pk, Palmwoods & return.
Contact: Noel Green 5493 4124

Sat 2nd May 7.30am All rides start at:
Bulcock Beach (Happy Valley) Carpark UBD SC 100, K8
20 km Something new - Totally flat cruise around Golden Beach and Pelican Waters. Coffee on the beach
Contact: Mandy Gaeth on 5499 7796
30 km . Another new ride – A mystery tour around Pelican waters, Belvista, and Lt Mountain. Coffee somewhere
Contact: . Anne Jacobson 5491 1357
40 km A combination of other rides. Some hills. Come and enjoy follow the leader. Coffee stop?? Yes
Contact: Steve Gaeth on 5499 7796

2ND MAY DI & TONY'S STRADDIE RIDE

80 km (40km option) **Meet at 7:15am at Wynnum**
Scenic 20km ride along Moreton Bay to the Cleveland Ferry. Ferry leaves at 9am. 20km ride across the island to *Point Lookout* for lunch. 3pm return to Cleveland. Ferry \$16.
Further details and to RSVP: Diane Ridgeway 0421 692 668
Or email: ridgwad@gmail.com

Sun 3rd May 7.30am
Ride 1 Hinterland Heart Starter 40kms H2.5
Start Cod Hole Maroochydore UBD SC 68 L5
Desc Nambour, West Woombye, Palmwoods. Woombye bakery for coffee & rtn via Diddillibah Rd
Contact: Graham Clarke 5478 3371
Ride 2 Beach to Mountains 60km H 2.5
Start Dicky Beach Car Park UBD SC 100 L7
Desc Montville, coffee at Landsborough return via Eudlo
Contact: Paul Lucy 5492 5575

Sat 9th May 7.30am All rides start at the:
Innovation Crt Roundabout SC Uni UBD SC 78, M17

20 km Discover the suburban bikeways around Chancellor Park and Sippy Downs. Stop for coffee and a chat
Contact: Marilyn Marks on 5441 3760
30 km This is a surprise ride but mainly flat if not all flat. Definitely a coffee stop somewhere
Contact: Ria Green on 0427 130 989
40 km Ride the leafy Tanawah Dve, past the Big pineapple, to Palmwoods. Coffee at Forest Glen
Contact: Andrea Davis on 5478 3371

Sun 10th May
Ride 1 Maleny Views !!6.30am!! 50km H3.5
Start Mary Cairncross Park UDB SC 94 K
Desc Hilly 5 lookouts. Enjoy the sunrise & views. Coffee at Maleny.
Contact: Rob Coles 5445 2400
Ride 2 Short Coolum Circuit 7.30am 55kms
Start Muller Park, Bli Bli UBD SC 58 G16
Desc Yandina, Coolum (coffee), Twin Waters & return.
Contact: Ross Sheppard 5448 5054

Sunday 10th May

Support local leg of Rotary charity ride to raise funds and awareness of Depression.
2.00pm for 2.30pm departure from Eudlo. Ride to Nambour showgrounds. \$10.00 donation.
Further details: Jim Adam 5444 7896

Sat 16th May 7.30am All rides start at Muller Park Bli Bli
UBD SC 58, G16

Once only (maybe) - Special rides – Enjoy them!!
20 km 20 possibly 25 km Short hill through Bli Bli then cruise
the flat paths & roads through M'dore, Kuluin, coffee at Alex.
Contact Vince on 5492 6677
30 km 30 possibly 35km Several rolling hills. Tour country roads to Yandina, coffee at Nambour. Back via Petrie Ck rd.
Contact John Hawkins on 5475 4318
40 km 40 possibly 45km of Rolling hills, Petrie Ck Rd, Nambour, Nindery. Coffee Ginger Factory. Rtn via Dunethin
Contact: Trish Brindise on 5437 9171

Sun 17th May 7.30am
Ride 1 To Boreen or bust 70km H3.0
Start Car park opp Tewantin RSL UBD SC 8 D13
Desc To Boreen Pt. Morning Tea at Kabi Golf Course. Return via Pomona , Cooroy , Tewantin .
Contact: Paulette Skinner 0402 886 515
Ride 2: Magical Scenery Tour 43km H3 **HYB**
Start Cooroy Rail, East Carpark UBD SC 15,A5
Desc Black Mtn, Federal, Cooran, Pomona, forest roads to Cooroy - the name says it all! BYO smoko
Contact: Ev Willis 5446 8124 or 0408 748 588