

Sat 1st May 7.00am
All rides start at Lions Park Fishermans Road UBD 68 k5
20 km Coastal loop. Coffee at Bica.
 Contact: Michael & Helen Gavigan 5476 0210
30 km Bli Bli Castle on to Maroochydhore circle.
 Contact: David Greenhalgh 5450 7781
35km Mayday ride. Kuluin, Nth Buderim, Mtn Ck, Cotton
 Tree return via Bradman Ave.
 Contact: Eric Moes 5445 3315
40 km Petrie Ck rd to Nambour. Coffee at Yandina.
 Contact: Peter Duffy 5456 1116

Sun 2nd May 7.00am
Ride 1 Kangaroo Circuit 50km H1.5
 Start Kawana Surf Club car park UBD 80 K12
 Desc Nicklin Way, Moffat, Sugar Bag, Pierce Ave. Return
 via Mooloolah River bike way
 Contact: Karen Pearson 5478 2307
Ride 2 Mooloolah Hinterland 60km H2.5
 Start Kawana shopping centre car park UBD 80 H12
 Desc Caloundra, Mooloolah, EudloForest Glen & return.
 Contact: Daniel Bateman 0439 864 297

Sat 8th May 7.00am
All rides start at Kawana Surf Club UBD 80 K12
20 km Explore the local area.
 Contact: David & Narelle Cramb 0427 677 678
30 km North, south or west - route to be decided.
 Contact: Ian Jope 0412 675 119
35km Oceanic, Currimundi return via Kawana Island.
 Contact: Rossco Sheppard 5448 5054
40 km Surprise surprise!!
 Contact: Andrea Davies 0421 424 046

Sun 9th May 7.00am Happy Mother's Day!!
Ride 1 Reverse Loop round Buderim 52km H1.5
 Start Woolworths carpark Kawawatha Drive UBD 79 H7
 Desc Forest Glen, Chevallum, Woombye, Nambour,
 CodHole. Return via Mooloolabah.
 Contact: Andrea Davies 5478 3371
Ride 2 Beach to Bush 82km H2
 Start Dicky Beach Carpark UBD 100 L7
 Desc Beerwah, Mooloolah. Return via Chancellor Park.
 Contact: Rein Evenhuis 5492 2983

Sat 15th May 7.00am
All rides start at Mudjimba Beach car park UBD 59 M12
20 km Twin Waters, Marcoola. Surfair for coffee.
 Contact: Robyn Vardy 5313 7773
30 km Twin Waters to Mt Coolum. Coffee at Marcoola.
 Contact: Lyn Stokes 5456 4447
35km Coolum meander & return via Marcoola Esplanade.
 Contact: Bernard Adcock 5453 4392
40 km Mt Coolum, Peregian for coffee and return.
 Contact: Karen Squire 5477 0245

Sun 16th May 7.00am
Ride 1 Twin Bridges 50km H2
 Start Muller Park Bli Bli UBD 58 G16
 Desc Dunethin Rock, Yandina, Coolum, Twin Waters & rtn.
 Contact : Ross Sheppard 5448 5054

Ride 2 Northern Capers 76km H2
 Start Muller Park Bli Bli UBD 58 G16
 Desc David Low Way to Noosa & return.
 Contact: Deb Buckingham 5493 3835

Sat 22nd May 7.00am
All rides start at Bulcock Beach car park UBD 100 K8
20 km Pelican Waters, Golden Beach – coffee at Sandy's.
 Contact: Lorraine Stocker 5437 7881
30 km Bel Vista, Courbould Pk, return via Dicky Beach.
 Contact: Nana Ollerenshaw 5444 1230
35km Aroona, Pelican, Bells Ck. Coffee Golden Beach.
 Contact: Anne Jacobson 0448 744 993
40 km Bells Ck, Woodlands Bvd to Kawana Island.
 Contact: John Sandifort 5499 6764

Sun 23rd May 7.00am
Ride 1 Northern Meander 45km H1.5
 Start Cod Hole Maroochydhore UBD 68 L5
 Desc Twin Waters, Marcoola, Coolum & return
 Contact: Tom Shapiro 5443 1258
Ride 2 Mary Valley Meander 90km H4
 Start Mapleton shops UBD 54 G9
 Desc Montville, Maleny, Witta, Downhill to Conondale.
 Kenilworth for coffee. Up the Obi Obi to finish.
 Contact: Pat Turner 5442 9142

Sat 29th May 7.00am
All rides start at Jessica Park Minyama UBD 80 E10
20 km Along canals to Mt Creek onto Cotton Tree for coffee.
 Contact: Candice Sims 5493 8172
30 km Kawana Is, Oceanic Dve to Pt Cartwright lighthouse.
 Contact: Mandy Gaeth 0422 159 830
35km Pt Cartwright, Oceanic, Kawana Is & return.
 Contact: Eric Moes 5445 3315
40 km Alex, Maroochy Bridge to Coolum.
 Contact: Steve Gaeth 0434 276 327

Sun 30th May 7.00am
Ride 1 Beach to River 60km H1.5
 Start Coolum Surf Club UBD 39 J15
 Desc Noosaville, Noosa Waters. Coffee Gympie Terrace.
 Contact: Charmaine Blinco 0407 025 069
Ride 2 North to Noosa 65km H1.5
 Start Mudjimba Beach carpark UBD 59 M13
 Desc Cruise past Coolum and Peregian. Coffee at Noosa.
 Contact: Paul Denny 5479 5769

WEEKDAY RIDES:

These rides are approx 55-60km.
 They are not *club rides*, but club members
 participate – ask around for details:
Mondays: Kawana Woolworths to Montville
Tuesdays: Kawana Woolworths to Pelican Waters
Wednesdays: Kawana Woolies to Pelican Waters
Fridays: Cod Hole to Peregian
Fridays: Kawana Woolworths to Pelican Waters



SCBTC RIDE CALENDAR

**Autumn
2010**

Social cycling since 1994

Committee

President.....Rob Coles.....5445 2400
 Vice President.....Andrea Davies.....5478 3371
 Secretary.....Tom Shapiro.....5443 1258
 Treasurer.....John Sandifort..... 5499 6764

Ride Co-ordinator

Rob Coles.....54452400

Mail P O Box 5313, Marchoochydhore South Q 4558
 Email info@scbtc.org.au
 Web www.scbtc.org.au

If you are unsure of your ability to keep up on a proposed ride, please call the relevant ride leader.

Ride Leaders - if you are unable to lead your ride, please arrange a replacement.

Membership

1. Non-members are welcome to attend two rides before joining.
2. Membership application forms are available from the web-site, or from a committee member.
3. Annual membership is \$24 (individual), plus \$12 for each extra family member - plus joining fee of \$15 per person.
4. Bicycle Queensland membership is highly recommended and has many benefits, including insurance

Safety on Rides

1. Select a ride that suits your ability
2. Comply with road rules and be courteous to all road users.
3. Bring pump, spare tube, tyre levers, tools, water, first-aid kit, mobile phone.
4. Children under 17 must be accompanied by an adult.
5. If wet weather, contact ride leader for update.

Sunday rides are rated for their approximate gradient:

H 0 flat .H 2 undulating .H 4 brutal

Sat 6th March 7.00am
All rides start at: Fisherman's Road UBD 68 K5
20 km Loop of surrounding suburbs. Coffee at Banjo's.
 Contact: David & Narelle Cramb 0427 677 678
30 km Circuit through adjacent suburbs.
 Contact: David Robertson 5456 2860
35km Kulin, Nth Bud, Mtn Ck. Return via Bradman Ave.
 Contact: Dick McFarlane 5445 1361
40 km Petrie Ck Rd to Nambour home via Yandina.
 Contact: Steve Gaeth 0434 276 327

Sun 7th March 7.00am
Ride 1 Coastal Cruising 50km H1.5
 Start Cod Hole, Maroochydore UBD 68, L5
 Desc: Cotton Tree, Mooloolabah, Kawana Is, Sippy Downs, Kunda Park & return.
 Contact: Graham Clarke 5478 3371
Ride 2 Hinterland Heart Starter 55km H3
 Start Cod Hole Maroochydore UBD 68 L5
 Desc Nambour, West Woombye, Palmwoods. Woombye bakery for coffee. Return via Diddillibah rd.
 Contact: Chris Small 5448 5001

Sat 13th March 7.00am
All rides start at Dicky Beach carpark UBD 100 L7
20 km Currimundi, Kawana Forest & return.
 Contact: Nana Ollerenshaw 5444 1230
30 km Ocean Views ride.
 Contact: Lorraine Stocker 5437 7881
35km Currimundi, Wurtulla to Point Cartwright. Return via Kawana Island.
 Contact: Michael Jacobson 0408 569 633
40 km Golden Beach to Kawana Island for coffee.
 Contact: John Pearson 5478 2307

Sun 14th March 7.00am
Ride 1 Pelican Ride 60km H1.5
 Start La Balsa Park, Pt Cartwright UBD 80 K3
 Desc Pelican Waters and return.
 Contact: Michael Fullelove 5493 5523
Ride 2 !!New!! Mooloolaba to hills & back 6.30am 86km H2.5
 Start Foote Street Mooloolaba UBD 80 D3
 Desc Buderim, Palmwoods, Montville, Bald Knob, Landsborough, Eudlo return via Tanawha.
 Contact: John Pearson 5478 2307

Sat 20th March 7.00am
All rides start at Jessica Park UBD 80 E10
20 km Flat ride around the canals. Coffee at La Balsa.
 Contact: Helen Gavigan 5476 0210
30 km Wind around Kawana's waterways and beyond.
 Contact: Candice Simms 0401 319 142
35km Mtn Ck, Buderim, Chancellor Park, Kawana Island. Return via Oceanic Drive.
 Contact: Daniel Bateman 0439 864 297
40 km Oceanic Dr to Dicky, Moffat and Bulcock Beaches.
 Contact: Bevan Painter 0417 003 070

Sun 21st March 7.00am
Ride 1 Mooloolaba to Eudlo 57km H2
 Start Foote St, Mooloolaba UBD 80 D3

Desc Buderim Meadows, Uni, Forest Glen, Palmwoods, Eudlo & return via Chevallum Road.
 Contact: Michael Head 5445 5885
Ride 2 Curramore Cruise !!!New Ride!!! 55km H2.5
 Start Mary Cairncross Park UBD 94 K3
 Desc Quiet county roads. Coffee at Wittla.
 Contact: Sally Blattman 5493 1702

Sat 27th March 7.00am
All rides start at Chancellor College car park UBD 78 R17
20 km Kawana Way around the lakes – coffee at Bambu.
 Contact: David Robertson 5456 2860
30 km Sippy Downs swing and adjacent areas.
 Contact: Ian Meyers 5439 7521
35km Tanawah, Forest Glen, Kuluin. Rtn via Mountain Ck.
 Contact: John Hawkins 5475 4318
40 km Tanawha, Forest Glen. Return via Eudlo.
 Contact: Paul Denny 5479 5769

Sun 28th March 7.00am
Ride 1 Short and Crisp 45 H2.5
 Start Lansborough Railway Station UBD 96 F18
 Desc Old Gympie, Marsh & Sahara roads to Beerwah. Back to Landsborough for coffee.
 Contact: Tom Shapiro 5443 1258
Ride 2 President's Variation 50km H2.5
 Start Foote Street, Mooloolaba UBD 80 D3
 Desc .M'dore, Rosemount, Woombye, Palmwoods. Coffee Forest Glen. Return via Mountain Creek.
 Contact: Tracy Corbett 0417 714 522

Sat 3rd April 7.00am Easter Saturday
All rides start at Sid Lingard Dve Buderim UBD 79 J1
20 km Loop round Mountain Creek.
 Contact: Robyn Vardy 5313 7773
30 km Buderim, Mooloolaba back via Mountain Creek.
 Contact: Jim Orton 5452 2814
35km Along the tourist strip to Twin waters. Coffee at the Sunshine Plaza.
 Contact: Rossco Sheppard 5448 5054
40 km Karawatha, Sippy Downs. Coffee at Forest Glen.
 Contact: John Borren 5438 8487

Sun 4th April 7.00am Easter Sunday
Ride 1 Pedal Past the Pineapple 45km H1
 Start Woolworths Karawatha Dve UBD 79 H7
 Desc .Forest Glen. Palmwoods, Chevallum. Coffee at Forest Glen & return.
 Contact: Rob Mabin 5445 2958
Ride 2 Borrens Beauty 48km H2.5
 Start Tinbeerwah Hall UBD 6 N19
 Desc Undulating country to Cooroy & Pomona. Return via Nandroya & Sunrise Roads
 Contact: John Borren 5438 8487

Sat 10th April 7.00am
All rides start at Kawana Surf Club UBD 80 K12
20 km Surprise ride!
 Contact: Ian Jope 0412 675 119
30 km Cycle the coast or hinterland.
 Contact: Margaret Lamb 5456 1116

35km Mtn Ck, Chancellor, Kawana Is. Return via Oceanic Drive. Coffee at La Balsa Park.
 Contact: Dick Macfarlane 5445 1361
40 km Golden Beach to Kawana Is via Woodlands Bvd.
 Contact: Rob Mabin 5445 2958

Sun 11th April 7.00am
Ride 1 Water Pelican 60km H1.5
 Start La Balsa Park UBD 80 K3
 Desc Point Cartwright, Kawana Way, Currimundi, Dicky Beach, Pelican Waters & return.
 Contact: John Sandifort 5499 6764
Ride 2 Booroobin Bald Knob Loop 50km H3
 Start Mary Cairncross Park UBD 94 K3
 Desc Stanley River, Peachester & Bald Knob Roads.
 Contact: Pat Turner 5442 9142

Sat 17th April 7.00am
All rides start at Foote Street Mooloolaba UBD 80 D3
20 km Ride around the canals.
 Contact: Diana Barrett 5478 0692
30 km Peddle around adjoining suburbs.
 Contact: Gillian Meyers 5439 7521
35km To Mudjimba via Alex, Cotton Tree & Bradman Ave.
 Contact: John Hawkins 5475 4318
40 km Round Buderim to Chancellor. Coffee at Forest Glen.
 Contact: Chris Lloyd 0405 810 608

Sun 18th April 7.00am
Ride 1 Tour the Northern Beaches 55km H2
 Start Cod Hole Maroochydore UBD 68 L5
 Desc Cruise past Mudjimba, Coolum, Peregian & return.
 Contact: Derek Saddington 5442 2336
Ride 2 Maleny Views !!!6.00am!!! 50km H3.5
 Start Mary Cairncross Park UBD 94 K3
 Desc Hilly, 5 lookouts, beat the traffic. Enjoy the sunrise.
 Contact: Rob Coles 5445 2400

Sat 24th April 7.00am
All rides start at Dicky Beach car park UBD 100 L7
20 km Heading north to coffee at Mooloolaba.
 Contact: Mandy Gaeth 0422 159 830
30 km Caloundra, Kawana Forest. Coffee by the lake.
 Contact: Nana Ollerenshaw 5444 1230
35km Past the cenotaph to Qld air museum. Coffee at Golden Beach.
 Contact: Michael Jacobson 0408 569 633
40 km Golden Bch, Pearce Ave to the Island for coffee.
 Contact: Steve Gaeth 0434 276 327

Sun 25th April 7.00am Anzac Day
Ride 1 Short Coolum Circuit 45km H1.5
 Start Muller Park Bli Bli UBD 58 G16
 Desc Yandina, Coolum (coffee), Twin Waters & return.
 Contact: Ross Sheppard 5448 5054
Ride 2 !NEW! Tewantin Boreen Loop 6.30am 68km H 2.5
 Start Tewantin Marina Car Park
 Desc Cooroy, Pomona, Boreen point for coffee and back
 Contact: Karen Pearson 5478 2307