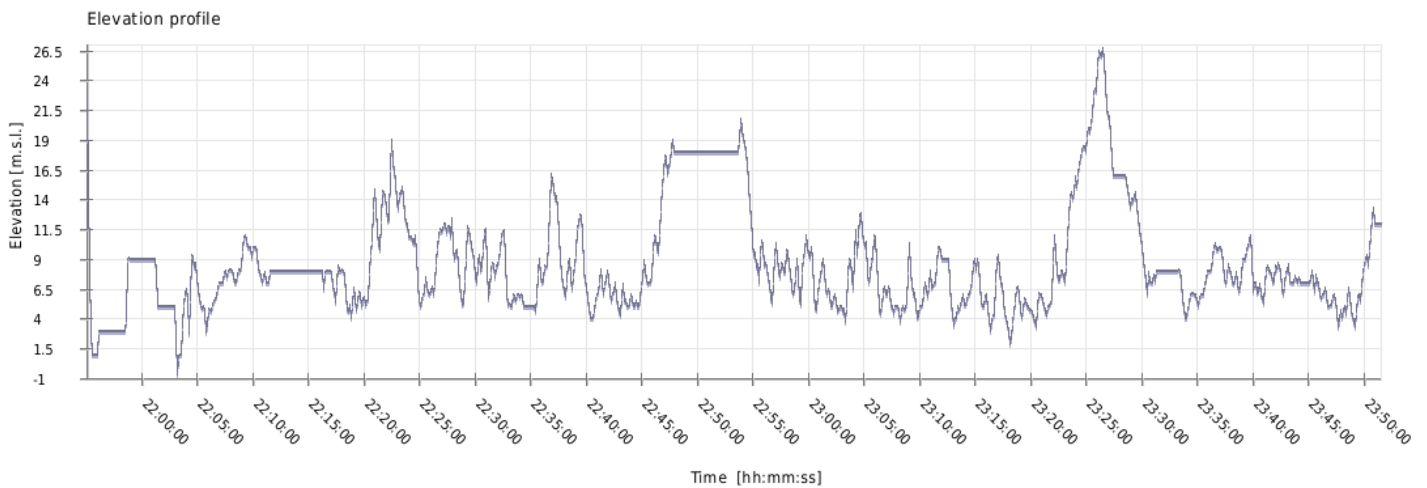
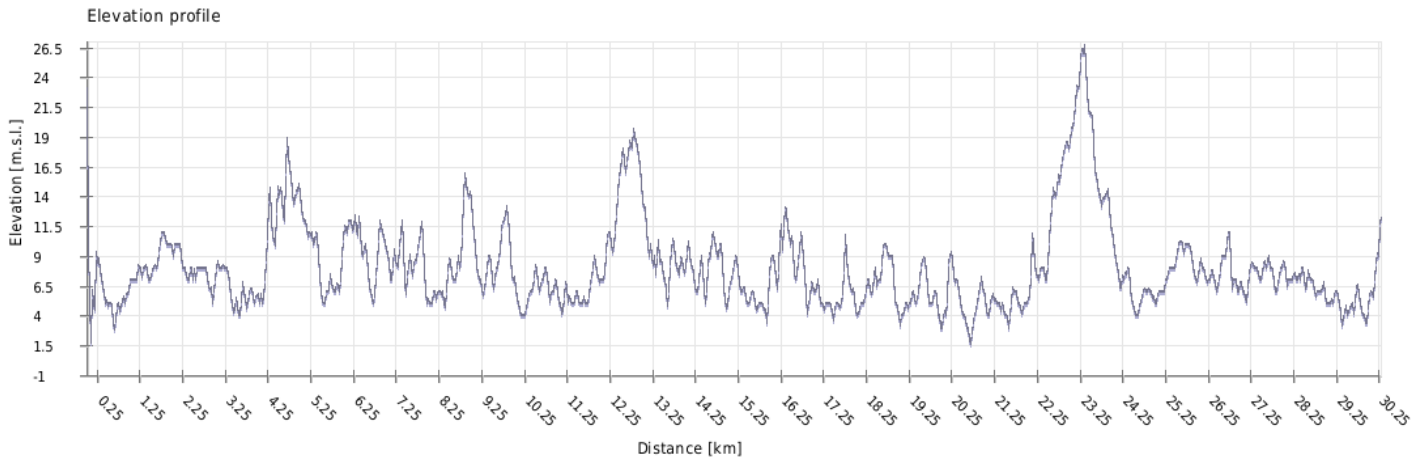
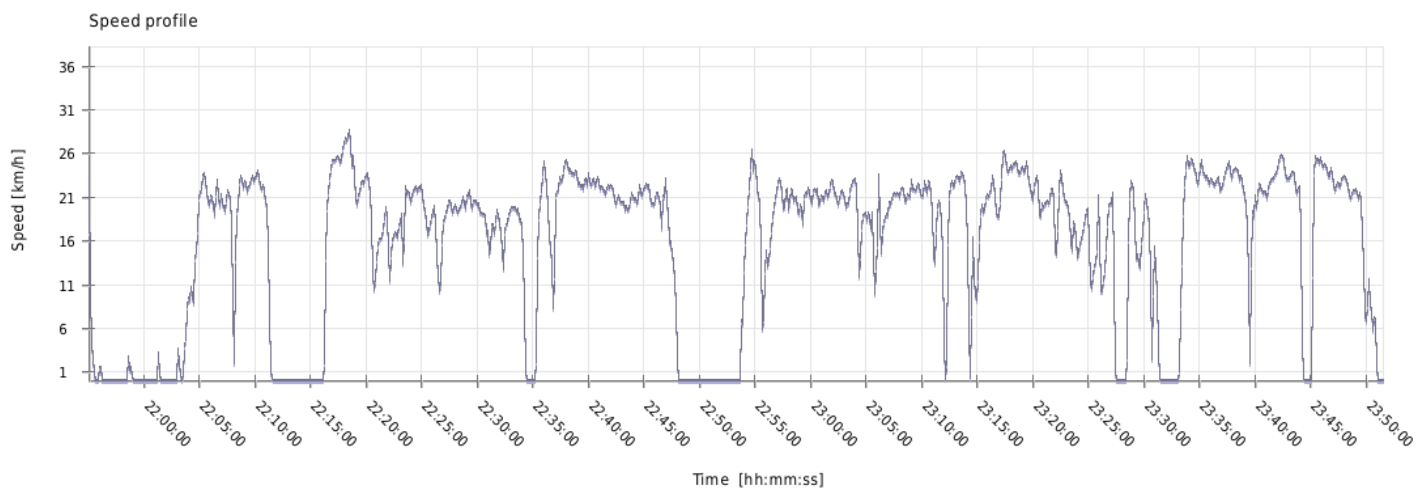
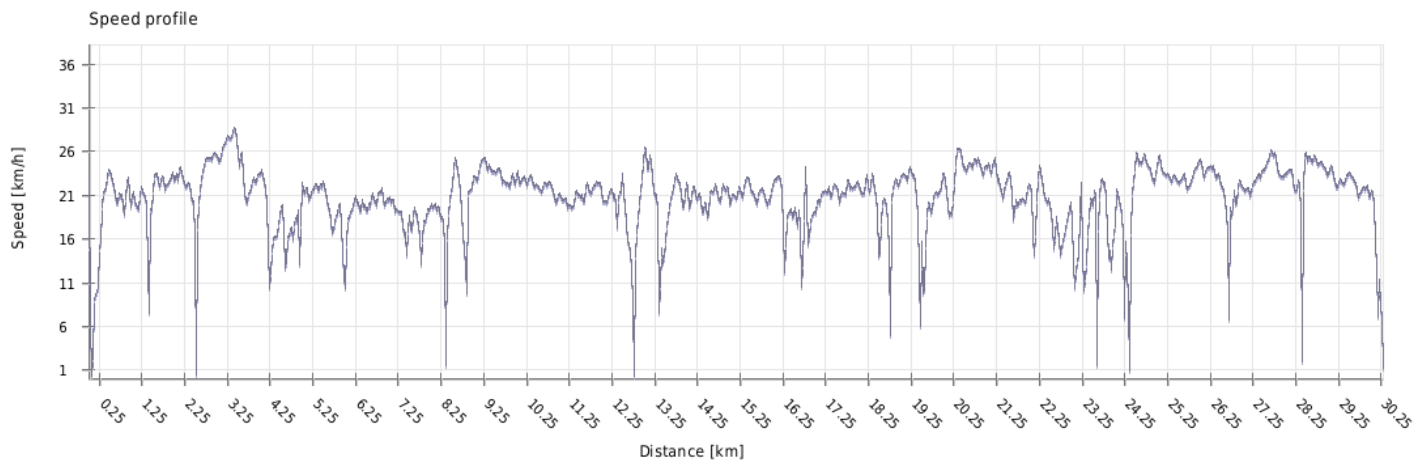


## Elevation



Minimum elevation:	-1 m.s.l.
Maximum elevation:	35.2 m.s.l.
Average elevation:	8.7 m.s.l.
Maximum difference:	36.2 m
Total climbing:	510 m
Total descent:	533 m
Start elevation:	35.2 m.s.l.
End elevation:	12 m.s.l.
Final balance:	-23.2 m

## Speed



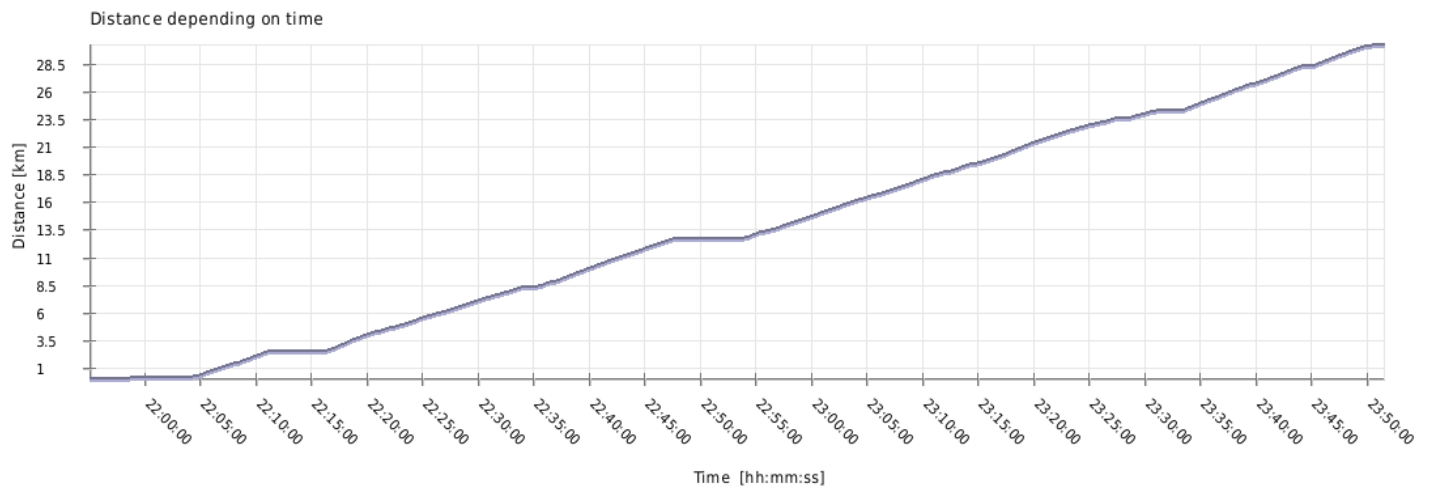
Minimum speed:	0 km/h
Maximum speed:	38.2 km/h
Average climbing speed :	19.2 km/h
Average descent speed :	19.9 km/h
Average flat speed:	20.1 km/h
Average speed:	20 km/h

## Time

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Date of track:	3.3.2023
Start time:	21:55:03
End time:	23:51:34
Total track time:	1h 56m 31s
Climbing time:	08m 19s
Descent time:	08m 28s
Flat time:	1h 39m 44s

## Distance



Total flat distance:	30.2 km
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Total real distance:	30.3 km
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Climbing distance:	2.7 km
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Descent distance:	2.8 km
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Flat distance:	24.8 km
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